

THE LOOPY SHREW

PLANT BASED

NIBBLES

Mixed Olives, Garlic (ve v gf) £4.25
Maple Salted Almonds & Beer Nuts (v ve gf) £4.25
Sundried Tomato & Red Pepper Houmous, Herb Oil, Paprika Pitta Chips (v ve) £5.50
Caramelised Red Onion & Roasted Garlic Focaccia, Whipped Black Olive Butter (v ve) £5.95

STARTERS

Roast Tomato & Red Pepper Soup
Basil Oil, Crème Fraiche, Chef's Focaccia (v ve gfo) £6.10

Tempura Vegetable Nests
Sweet Chilli Jam & Spring Onions (ve v) £5.95

Creamy Burrata & Black Olive Tapenade Bruschetta
Caramelised Cherry Tomatoes & Shallots, Dressed Rocket, Olive Tuille (v gfo) £8.95

Mediterranean Gigli Pasta
Roasted Tomatoes, Olive Antipasti, Rocket, Basil Pesto, Shaved Pecorino (v VE) £7.95

MAINS

Thai Green Coconut Curry
Spicy Coconut Broth, Saffron Jasmine Rice, Courgette Ribbons, Tenderstem Broccoli,
Fine Beans, Crispy Onions (ve gf) £12.50

Summer Vegetable Burger
Vegetable Patty, Roasted Red Peppers, Sliced Tomato, Baby Gem, Mayo, Skinny Fries,
Toasted Brioche Bun (gfo v ve) £14.95
Add Halloumi £2.50

Chargrilled Vegan Halloumi & Jersey Royal Salad
Sauteed Jersey Royals, Asparagus & Courgette Ribbons, Rocket,
Lemon Yoghurt Dressing, Herb Oil (ve v gf) £16.25

Summer Pasta Salad
Gigli Pasta, Marinated Olives, Garlic & Roast Peppers, Sundried Tomatoes, Spinach, Toasted Pinenuts,
Shredded Baby Gem, Rocket, Basil Pesto (v ve) £12.25

Loaded Baked Sweet Potato
Spicy Chickpeas, Confit Tomato, Lemon Yoghurt, Herb Oil, Crispy Onions (v ve gf) £7.95
Add Crumbled Feta (v) £2.50
Add Vegan Halloumi (v ve) £2.50

SANDWICHES

All served with Pink Cabbage Slaw

Mozzarella, Roasted Red Pepper & Spinach Quesadilla
Guacamole, Crème Fraiche, Confit Tomato Salsa (v) £9.50

Spicy Chickpea Soft Shell Tacos
Tomato Confit, Shredded Lettuce, Baby Gem, Guacamole, Lemon Yoghurt, Crispy Onions (v ve) £8.95

Creamy Burrata & Black Olive Tapenade Bruschetta
Caramelised Cherry Tomatoes & Shallots, Dressed Rocket, Olive Tuille (v gfo) £8.95

SIDE ORDERS

Truffle & Parmesan Fries (gf v) £5.95

Chunky Chips (gf v ve) £4.50

Skinny Fries (gf v ve) £4.50.

Garlic & Herb Flatbread (v ve) £5.50
Add Melted Mozzarella £1.25

Sauteed Fine Beans, Herb Oil (v gf veo) £5.20

Rocket, Baby Gem, Pecorino Salad, Maple & Wholegrain Mustard Dressing (veo gf) £6

Garlic & Herb Fried Mushrooms (v ve gfo) £5.25

Beer Battered Onion Rings (v veo) £3.95

DESSERTS

Strawberries & Cream Cheesecake
Vanilla Cheesecake, Sweet & Sour Strawberries, Mint Syrup £8.95

Salted Caramel Brownie
Vanilla Ice Cream (ve v gf) £8.25

Cinnamon Sugared Churros
Salted Dark Chocolate Sauce (v) £5.50

Lemon Curd & Strawberry Pavlova
Macerated Strawberries, Chantilly, Crumbled Shortbread (gf v) £6.95

Local Cheese Board
Welsh Vintage Cheddar, Shropshire Blue & Local Brie, Chutney,
Crackers, Grapes & Celery (v gfo) £15.75

Affogato
Double Espresso with Vanilla Ice cream or
Chocolate Ice Cream & Shortbread (v) £6.45

Naughty Affogato
50ml Baileys £4.55 25ml Disaronno £4.25 25ml Kahlua £2.95



PLEASE ALWAYS INFORM YOUR SERVER OF ANY ALLERGIES OR INTOLERANCES BEFORE PLACING YOUR ORDER. NOT ALL INGREDIENTS ARE LISTED ON THE MENU
AND WE CAN NOT GUARANTEE THE TOTAL ABSENCE OF ALLERGENS. DETAILED INFORMATION ON THE 14 LEGAL ALLERGENS IS AVAILABLE UPON REQUEST, HOWEVER
WE ARE UNABLE TO PROVIDE INFORMATION ON OTHER ALLERGENS.
A DISCRETIONARY 10% SERVICE CHARGE WILL BE ADDED TO YOUR BILL